

Owen J. Robert's High School Volleyball Team

An expert in anything was once a beginner.

August 2019

Coaches: Amanda Lynch	SUN	MON	TUE	WED	THU	FRI	SAT
Nicole McGonigal E-mail: Amanda.Windbeck@gmail.com k.nicole0492@gmail.com					1	2	3
Phone: 570-952-5333 610-906-2532	4	5	6	7	8	9	10
	11	12 Tryouts (4:30-6:30pm)	13 Tryouts (4:30-6:30pm)	14 Tryouts (4:30-6:30pm)	15 1st Practice (4:30-6:30pm)	16 Practice (4:30-6:30pm)	17
	18	19 Scrimmage @ Great Valley 10AM Departure: 8:45AM	20 Practice (4:30-6:30pm)	21 Practice (4:30-6:30pm)	HOME Game vs. Twin Valley HS JV: 5:00	23 Practice (4:30-6:30pm)	24
The location for all practices and home games is the main High School gym unless otherwise noted.	25	26 Practice (4:30-6:30pm)	27 Practice (4:30-6:30pm)	28 Practice (4:30-6:30pm)	29 Practice (4:30-6:30pm)	30 Practice (4:30-6:30pm)	31
Varsity Games immediately follow the JV games							



Owen J. Robert's High School Volleyball Team

"The secret to success is to work less as individuals and more as a team."

-Knute Rockne

September 2019

Coaches: Amanda Lynch Nicole McGonigal E-mail: Amanda.Windbeck@gmail.com k.nicole0492@gmail.com Phone: 570-952-5333 610-906-2532	SUN	MON	TUE	WED	THU	FRI	SAT
	1	2 No School/ Practice	3 Practice (4:30-6:30pm)	4 Game @ PJP HS JV: 5:30PM Departure: 4:30	5 Practice (4:30-6:30pm)	6Game @ West Chester East JV: 3:30PM Departure: 2PM	7
	8	9 HOME Game vs. West Chester Henderson JV: 5:00 PM	10 HOME Game vs. Methacton JV: 5:00	11 HOME Game vs. Agnes Irwin JV: 5:00	12 Practice (4:30-6:30pm)	13 Practice (4:30-6:30pm)	14
	15	16 HOME Game vs. Phoenixville JV: 5:00	17 HOME Game vs. Norristown JV: 5:00	18 Game @ Pottsgrove JV: 3:45PM Departure: 2:30	19 Game @ Oxford Area JV: 3:30PM Departure: 1:30	20 Practice (4:30-6:30pm)	21
	22	23 Game @ Boyertown JV: 5:30PM Departure: 4:00	24 Game @ Kennett HS JV: 3:30PM Departure: 1:30	25 Practice (4:30-6:30pm)	26 Game @ Ridley HS JV: 3:45PM Departure: 1:30	27 HOME Game vs. PJP JV: 3:45	28
The location for all practices and home games is the main High School gym unless otherwise noted.	29	30					
Varsity Games immediately follow the JV games							



Owen J. Robert's High School Volleyball Team

"Talent wins games, but teamwork and intelligence wins championships."
-Michael Jordan

October 2019

SUN	MON	TUE	WED	THU	FRI	SAT
		1Game @ Upper Merion JV: 5:30PM Departure: 3:30	2 Game @ Phoenixville JV: 5:30 PM Departure: 4:15	3 Practice (4:30-6:30pm)	4 HOME Game vs. Perkiomen Valley JV: 3:45	5
6	7 Game @ Spring-Ford JV: 5:30 PM Departure: 4:00	8 Practice (4:30-6:30pm)	9 Practice (4:30-6:30pm)	10 Practice (4:30-6:30pm)	HOME Game vs. Pottsgrove JV: 3:45	12
13	14 HOME Game vs. Upper Merion JV: 5:00	15	16 Tentative Vball Banquet Location: TBD ~5pm-8pm	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		
	6 13 20	6 7 Game @ Spring-Ford JV: 5:30 PM Departure: 4:00 13 14 HOME Game vs. Upper Merion JV: 5:00 20 21	1 Game @ Upper Merion JV: 5:30PM Departure: 3:30 7 Game @ Spring-Ford JV: 5:30 PM Departure: 4:00 13 14 HOME Game vs. Upper Merion JV: 5:00 20 21 22	1 Game @ Upper Merion JV: 5:30 PM Departure: 3:30 6 7 Game @ Spring-Ford JV: 5:30 PM Departure: 4:15 8 Practice (4:30-6:30pm) Departure: 4:00 13 14 HOME Game vs. Upper Merion JV: 5:00 20 21 22 23	1 Game @ Upper Merion JV: 5:30 PM Departure: 3:30 6 7 Game @ Spring-Ford JV: 5:30 PM Departure: 4:15 8 Practice (4:30-6:30pm) Practice (4:30-6:30pm) 13 14 HOME Game vs. Upper Merion JV: 5:00 20 21 22 23 24 3 Practice (4:30-6:30pm) Practice (4:30-6:30pm) 10 Practice (4:30-6:30pm) 11 To the third of the third	1 1 1 2 2 2 3 3 4 1 1 1 1 1 1 1 1 1